



## Give an Hour

A quick and easy way to donate to charity through your salary.



It all adds up to

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# Livability

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Payroll giving is a simple and tax efficient scheme that allows employees to regularly donate to a charity of their choice. Because the donation is taken out before tax, a £20 donation will actually only cost you £16.

Give an Hour allows you to make a one off donation to Livability, and in turn help to break down loneliness this Christmas time.

## About Livability

Livability is the disability charity that connects people with their communities. We tackle barriers that can cause disabled people to be isolated.

From residential homes for disabled people, a school and college, brain injury and spinal cord injury rehabilitation centres, or gardening therapy for people living with mental ill health - our services are diverse.

Our aim is to put the elements in place that add up to a more livable, connected life for the people we support.

## How do I get involved?

All you have to do is fill in the authorisation form with your details including your national insurance number and employee ID (your HR team should have these if you don't have them to hand).

You can choose the amount you wish to give and you can also choose to make a monthly donation if you would prefer this.

Don't forget that it only costs you the amount in brackets on the form, for example, a £20 donation would only cost you £16 in your salary.

The requested donation will get taken in the following month's payroll run automatically. There is nothing else you need to do.

- £10** could help cover the daily running costs of a **wheelchair accessible vehicle**, to take residents to local community activities.
- £20** could go towards purchasing **specialist rehabilitation equipment** such as a theracycle, which helps build up muscle strength in the arm after a stroke or other brain injury ensuring families get back together sooner.
- £50** could go towards a **friends and family Christmas tea party** at one of our residential homes bringing families together.
- £150** could pay for a **day of mental wellbeing and support** from a horticultural therapy specialist at our Flourish gardening project.

**From all those at Livability that we support - thank you for your support.**